



## Escape Planning for Older Adults

**Your risk of dying in a home fire is greater as you get older. Knowing what to do if there is a fire can make a big difference.**

- Know two ways out of every room. Practice using both ways.
- Remove any items that may block your way out of the room or your home.
- Discuss your fire escape plan with family and neighbors. Contact your building manager or fire department to discuss your plan if you need extra help escaping.
- Keep eyeglasses, keys, hearing aids and a phone within reach next to your bed.
- Practice your home fire escape drill twice a year.

*Adults 65 and over are twice as likely to die in fires.*

**For more information and free resources, visit [www.usfa.fema.gov](http://www.usfa.fema.gov).**



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